# Miss Mihalys SEPTEMBER NEWS

#### A NOTE FROM THE COUNSELOR

*This month* we'll be using the movie "Inside Out" to help us understand our emotions and ways we can positively express them. We'll meet Joy, Fear, Anger, Sadness, and Disgust—who learn that a memory can be multiple emotions at once.

7<sup>th</sup> grade parents: Don't forget to sign and have your students return their permission form to visit the High School for the Career Fair by **September 19<sup>th</sup>**-we're all looking forward to a great time!

#### THEMES OF THE MONTH

September: "Be Positive" October: "Be Safe" November: "Be Thankful"

## DATES TO REMEMBER

September 5<sup>th</sup>: No School September 9<sup>th</sup>: Picture Day! September 23<sup>rd</sup>: Early Student Release THANK YOU, *Miss Mihaly* 

### WHAT'S HAPPENING IN ...

<u>Pre-School and Kindergarten</u>: Making friends-Getting to know each other and our emotions

<u>Ist-5th Grade</u>: Learning about our emotions with "Inside Out"

<u>6<sup>th</sup> Grade</u>: Introduction to learning styles and study strategies

<u>**7<sup>th</sup> Grade</u>**: Introduction to Virginia Wizard and Career Assessments</u>

