Miss Mihalys SEPTEMBER NEWS

A NOTE FROM THE COUNSELOR

This month we'll be using the movie "Inside Out" to help us understand our emotions and ways we can positively express them. We'll meet Joy, Fear, Anger, Sadness, and Disgust—who learn that a memory can be multiple emotions at once.

7th grade parents: Don't forget to sign and have your students return their permission form to visit the High School for the Career Fair by **September 19th**-we're all looking forward to a great time!

THEMES OF THE MONTH

September: "Be Positive" October: "Be Safe" November: "Be Thankful"

DATES TO REMEMBER

September 5th: No School September 9th: Picture Day! September 23rd: Early Student Release THANK YOU, *Miss Mihaly*

WHAT'S HAPPENING IN ...

<u>Pre-School and Kindergarten</u>: Making friends-Getting to know each other and our emotions

<u>Ist-5th Grade</u>: Learning about our emotions with "Inside Out"

<u>6th Grade</u>: Introduction to learning styles and study strategies

<u>**7th Grade</u>**: Introduction to Virginia Wizard and Career Assessments</u>

